

HASHTAG

APRIL 2024

FREE

ISSUE #154

WEST VIRGINIA

Proudly covering the Greenbrier Valley, including Lewisburg, Ronceverte, White Sulphur Springs, Frankford, Renick, Fairlea, Caldwell, Union, and beyond!



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Exhibits at the General Lewis
& Carnegie Hall; Live music all
over the Valley; 2024 Folk Arts
& Culture Workshop Series by
High Rocks Educational Corpo-
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HashtagWV Arts and Entertainment is a free, colorful, high-quality print and digital multimedia platform for all things Greenbrier Valley and the surrounding areas! Our cultural focus is local music, unique shopping, the arts, events, things to do, theatre, food and drinks.

Digitally, we serve all 55 counties in WV (and more!) and we distribute thousands of print editions directly into area households and throughout the Greenbrier Valley region in strategic, high-traffic areas through local businesses and paper boxes.

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One of Luke Bair's, of JL Bair Guitars, exquisite creations. Luke has decades of experience in guitar building, and plans to soon open a school in his Lee Street Studios space to teach others how to make quality guitars that play beautiful music. Photo Credit: Evan Blumenstein, jlbairguitars, Instagram.

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Interactive map!

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Manic Espresso (drive-thru)
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LEWISBURG
marlinton (40 mi)->
Dirt Bean Ohana Cafe

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Gourmet Shop at The Greenbrier
The Local WV Café

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Old Town Mercantile Coffee Bar & Shop

CLIFTON FORGE
Caffè Museo

LEXINGTON
Lexington Coffee Shop
Pronto Caffè & Gelateria

Lexington Coffee Roastery & Espresso Bar

map is not to scale

LEARN CLAY HAND BUILDING WITH SEAN O'CONNELL AT CARNEGIE HALL THIS SPRING

As part of its commitment to lifelong learning, Carnegie Hall offers a series of classes and workshops to enlighten and inspire learners of all ages. This Spring, starting on Thursday, March 28, Carnegie is offering a six-week course of Hand Building with teaching artist Sean O'Connell.

The workshop explores a variety of form and design concepts combining several techniques in working clay by hand. Students will shape a lidded tripod ginger jar from soft clay slabs, mold a full in-the-round sculptural figure, or sculpt a bas relief wall piece or garden muse. Students can create objects of beauty, function, integrity, and spirit. Work will be fired by Carnegie Hall and available for pick up later. Class size is limited. All levels welcome.

There will be two sessions for which students may choose. Session 1 will be Thursdays, March 28, April 4, 11, 18, 25, May 9 (no class May 2), from 6 to 8:30 p.m. Session 2 will be Thursdays, May 16, 23, 30, June 6, 13, 27 (no class June 20), from 6 to 8:30 p.m.

Cost for the six-week course is \$225 for members and \$250 for nonmembers. Limited scholarships are available for students 50 years of age and over, who pay only \$165.

To enroll or for a complete list of classes and workshops visit carnegiehallwv.org/classes-and-workshops or pick up a Classes & Workshops brochure at 611 Church Street, Lewisburg, West Virginia.

Carnegie Hall WV is a member-driven nonprofit organization supported by individual contributions, grants, and fundrais-



Hand building

ing efforts such as TOOT and The Carnegie Hall Gala. The Hall is located at 611 Church Street, Lewisburg, WV. For more information, please call 304.645.7917 or visit www.carnegiehallwv.org.

The 2nd Annual Greenbrier County Community Seed and Plant Exchange Coming to Lewisburg April 28

Free and open to all gardeners!
Date: Sunday April 28, 2024
Time: 11am-1pm
Where: Backyard of the General Lewis Inn, Lewisburg, WV.
Address: 1236 E Washington St, Lewisburg, WV 24901.
Parking: Street parking near the General Lewis Inn is free for public use.
The General Lewis Inn parking lot is reserved for hotel guests.

Rain or shine.
Bring: Non gmo seeds, plants, transplants, bulbs, tubers, bush and tree cuttings, herbs and perennial flowers.
Meet your neighborhood gardeners and plant lovers! Trade and swap garden goodies.

Organized by: Karen Cohen, author of Nature's Way and organic gardener.
Contact for questions: natureswaykaren@gmail.com
Sponsored by High Mowing Organic Seeds and the General Lewis Inn, Lewisburg WV.



Karen Cohen, author of Nature's Way and Organic Practitioner, with daffodils

THE ASYLUM

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Jim Snyder
April 3
6-8pm

Untrained Professionals
April 5
8-10pm



Thomas Danley
April 6 12-3pm
for Chocolate Fest

We Have Burger Of The Month Starting Every Friday!
Spring Drink List Will Hit April 3rd
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EARTH DAY FASHION FORWARD EVENT CELEBRATES SUSTAINABLE FASHION AND APPALACHIAN CREATIVITY

Organizers of the annual Earth Day Fashion Forward event in Lewisburg are calling for entries from professional and amateur clothing designers! Award prizes will be given in a range of categories.

The newly refurbished Lewis Theatre on Court St. in Lewisburg is the venue for this year's event featuring the theme "Garden Party" -- think spring, flowers, trees, birds, butterflies, and everything we love about nature! The party starts on April 20 at 3:00 p.m.

Sustainable fashion is a hot trend that features materials that are reused, recycled, and repurposed into beautiful creations that also help reduce waste in our landfills and promote the health of our planet.

As event chair Diane Browning said, "Appalachia has such a rich tradition of thrift and sustainability. As our grandmothers used to say, waste not, want not! It's only fitting that we're now seen as leaders and innovators of the sustainable fashion movement."

Tickets are on sale now, which include admission, food, and drink. Contestant entry form, tickets, and sponsorship opportunities are all available at: edfashionforward.com.

Fashion Forward is an event to celebrate sustainable fashion and raise money for the Blue Skies Ahead Get-Out-The-Vote campaign. This is not a sponsored event of The Lewis.



Meg Squier, who made a steampunk skirt/coreset made with recycled and thrifted clothes and dyed with natural dyes. Her design won Most Adventurous in the 2023 show.

FROM THE EDITOR

Dear Readers,

Ah, spring! Color is returning to the Valley, along with birdsong and warmer temperatures. I love every season in this area, because each has something special to enjoy. I particularly appreciate the renewed life of spring.

With all this awakening, it seems our Valley is waking up, too. There are so many things to do and see. Warmer temperatures have you longing to get in the garden? Later this month, head out to the General Lewis for the Second Annual Greenbrier County Community Seed and Plant Exchange with Nature's Way (you will recognize Karen Cohen as the author of Nature's Way, which appears in Mountain Messenger.) You'll also find some wonderful art exhibits to enjoy at the General Lewis this month.

Want to go a little wild? Patrick Calvert, local educator, outdoorsman, and member of January's featured Unplugged band, Deep State, offers tips on fishing, foraging, and hunting for those who look to nature's bounty for sustenance and recreation. See the gigantic morels he found during an excursion last spring.

We have no shortage of live music to enjoy all over our region. Check out The Agenda for the wonderful menagerie of fantastic musicians gracing our Valley this month. Friday Burger Nights are starting again at Hawk Knob. Pence Springs Flea Market is reopening for the season, and so are some local farmers markets. You can also catch an Earth Day Fashion Forward sustainable fashion event at the Lewis Theatre soon.

First Fridays After Five are returning to Lewisburg, as well. Catch all the exciting things going on downtown while we celebrate spring. Speaking of celebrations, the Lewisburg Chocolate Festival returns this month, along with the HospiceCare Chocolate Chase 5K and 10K. I recently spoke to a local couple who found more than medals at races. They found each other. See Randy and Crisandra's story of love and adventure



as they make racing an important part of their lives together.

This month's cover story features three incredibly talented men who work in synergy at Lee Street Studios Building F. Travis Holley, Luke Bair, and Daniel Freeman use their respective skills to create a really cool corner in our Valley that brings exquisite craftsmanship, knowledge, and music to our area and beyond. I hope you check out their stories.

For Good Eats, The Dawg House is this month's place to be. Brittany and Lee are feeding the area in an affordable, creative way while giving back to the community and bringing life to the area. I truly enjoyed talking with them about their business, their lovely family, and their future goals.

The Hub and High Rocks are also offering some interesting and useful workshops in their 2024 Folk Arts and Culture Workshop Series. You'll find April's workshops listed in The Agenda.

As always, there are hikes and walks to take, places to eat, and lots more to do. I hope you have a wonderful April, and enjoy the start of spring!

Until next time,
Lisa

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Notes of Excellence:

ON THE COVER

The Exceptional Craftsmanship of the Building F Trio

By Lisa Coburn

Nestled away in an unassuming corner at Lee Street Studios, Building F of the former Lewisburg Elementary and Junior High School, three guys create a harmonious synergy using their respective talents to bring music to our Valley and beyond: Travis Holley of Appalachian Tonewood, Luke Bair of JL Bair Guitar Company, and Daniel Freeman of Freeman Guitar Works.

Travis and Luke were partners in Appalachian Tonewood, building the business together. Luke has recently transitioned to his own business, JL Bair Guitar Company. The two continue to work in harmony, with Daniel making the group a trio, as Travis harvests and processes the wood, Luke builds the guitars, and Dan repairs guitars in his corner of the shop, Freeman Guitar Works, LLC.

For Travis, the journey begins in the woods. Appalachian red spruce is a rare variety of wood that has experienced population decline since the 19th century. It's also a beautiful wood for making instruments. Travis is not only committed to finding and responsibly harvesting red spruce, he's also dedicated to sustainability.

"We get trees from sites that are going to be cleared," Travis stresses. "We don't go out and just take, because red spruce is very rare. Red spruce, it's basically like the Holy Grail for tonewood." Appalachian Tonewood uses native woods like red spruce, cherry, walnut, hard and soft maple – "It's Appalachian hardwood: everything from basically 300 to 400 miles around us," says Holley. A lot of harvested wood is destined to become fence posts, so Travis sees his work in part as preserving the beauty of the tree to make a lovely, functional instrument.

Travis' pride and skill in his craft are evident as he walked me through his part of the manufacturing process from woods to studio. He has his own sawmill. Once he harvests the trees, and saws the wood into rough billets. He also explained the drying process and how much time producing a quality product takes, which he does all on his own at his farm in Greenbrier County and at the workshop on Lee Street. He then processes the wood until the pieces become parts for guitar manufacturers.

His favorite part and why? "I like it all. I just like working with wood. I always have, and I've found a way to make a living at it."

Appointments are preferred when visiting Appalachian Tonewood. To schedule an appointment or learn more about Appalachian Tonewood, contact Travis at 304-710-5123, or travis@appalachiantonewood.com.

The day I visited the portion of the studio that is JL Bair Guitar company, owner Luke Bair spoke to me about his upcoming plans for a school of guitar building. Luke, a 1995 graduate of the Roberto-Venn School of Luthiery in Arizona, hopes to share

his passion for creating guitars and his decades of experience in his craft with approximately twenty students per year.

"This is a very symbiotic enterprise here," Luke explained. "With the Tonewood, Dan's business, and the school going here, it's going to be a big symbiotic world here for everybody involved."

Bair hopes to begin his inaugural class in early summer of this year. He's currently in the process of creating workstations, procuring machinery, and preparing the area for this exciting venture. "I've dreamed about opening a school for 25 years," he said. "I went to a guitar making school in Arizona, and I want to model after that school as much as I can. It's been a dream of mine, and now I have the space, the tools, and the resources here. Travis is integral in that idea as well, because he can provide a lot of the tonewood necessary for the students, and Dan will be teaching a course on repair when the students come. We're going to be bringing in a lot of folks – we'll have violin builders come in and do a demonstration, things like that."

Luke also plans to have Travis teach a brief course on sourcing tonewood, how it's cut for instruments, how it's graded, etc. "He'll also get a chance to interact with the students and show them the wood he has available in his workshop."

The classes will be open to any student age 18 and older. Luke is hoping to add university students and retirees to his roster of students. Classes will consist of four students in ten-week sessions, three or four times per year. The classes will be extremely immersive, a 500-hour program in ten weeks.

"What people get – not only do they get the knowledge of building guitars, but they get to take home two custom built guitars that they make here," Luke said. "That'll be fun to do that. They'll be building their guitars. It's going to be a cool thing. And in the meantime, I'm going to keep building guitars."

Luke's work speaks for itself. Many of his guitars are higher-end instruments custom built for collectors. Many of his works are commissioned, built to each customer's specifications. "What makes my guitars unique is the design and the materials that go into them, custom inlays, a lot of different things like that," Luke explained. "They sound really good, too."

Guitar building has been a driving force in Luke's life for thirty years, and is the inspiration behind starting his school. "To me, it's one of the most rewarding skill sets when you can create functional art that people can use and appreciate. And, will hopefully last a lot longer than I will, so it's a legacy thing, as well. You try to maintain a level of not only production, but also quality. Maintaining that quality is really rewarding for me. Stringing up a guitar for the first time, it's never been a guitar



Luke Bair plays one of his creations. One of his works in progress is in the foreground.

before in its life, hearing it making a sound for the first time, it's glory for me. It's like a finish line. It's probably the most rewarding and fun thing I've ever done. When you show somebody who's used to seeing factory made guitars something really pretty and nice that you've made with your own two hands, there's a lot of pride with that."

To set up an appointment, or learn more about Luke, his company, his school, and to see some of the beautiful guitars he has created, visit his Instagram page at [jlbairguitars](https://www.instagram.com/jlbairguitars), or call 304-647-8018, email: luke@appalachiantonewood.com.

Daniel Freeman has nearly twenty years of experience in stringed instrument repair. He works on acoustic guitars, electric guitars, bass guitars, along with some amplifier and electronic work. Many musically-inclined readers may recognize him from his years at Alpha Music in Fairlea, and as a member of January's featured Unplugged band, Deep State.

His dedication to and skill in his work stand out as he discusses what goes into a typical repair job. "It's two-thirds me thinking about how I'm going to approach something, then a third of actually getting in there and doing it. Basic string changes, things like that, typically take me about an hour. Things like neck resets, they can take anywhere from a day to two weeks. It depends on what I find when I open it up."

When asked his favorite aspect about his work, Daniel replied, "I like getting in there and seeing something that has problems that I can fix, or problems that are a challenge to me, when the end result turns out really well. I like the challenge of getting in there when someone says, 'I don't think you can do anything with this.' I'm like, well, I can. A lot of times, people want things fixed for sentimental reasons. I really like to be able to restore an instrument to playing condition."

When asked what he'd like the readers to know about the collaboration of the three guys in Building F, Daniel answered, "The quality of work we



Travis Holley in his workshop



Daniel Freeman in his workshop

put out is really good. We all put our hearts into it. We try and do the best that we possibly can for the customer."

To learn more about Freeman Guitar Works, LLC, or to schedule an appointment, call 304-445-6014, or email freemanguitarworks@gmail.com. Appointments are recommended and preferred for all three businesses.

After I spent time in each workshop, learning so many fascinating aspects of what it takes to create and maintain an acoustic instrument, I asked Luke what he'd like the readers to know about the harmony taking place in Building F, and about the great things in store for the community and beyond.

He said, "I think what this place represents is almost all of the facets of what goes into instruments: building, repair, and maintaining them. It's about what goes into a guitar from the materials to the labor to the maintenance and repairs. It's really kind of a one-stop shop for anybody who's interested in how acoustic instruments are built and how they are maintained. It also represents seventy years of combined experience in these fields. The knowledge that the three of us bring to this building is extremely valuable not only to us, but to anybody who's interested in musical instruments, especially acoustic instruments. I think it's a special little universe that we've created here."

Going Wild:

Spring Fishing, Hunting, and Foraging

By Patrick Calvert

Happy April! If you are like me, you have spent the months since deer season eagerly awaiting the arrival of spring- and the plethora of outdoors activities that comes with it.

Through winter, I manage to entertain myself outside tracking in the snow, snaring rabbits, chasing squirrels, and searching the laurel thickets for antler sheds. All of that, however, is merely a midnight snack holding me over until the breakfast buffet of April! Here's to fishing, foraging and turkey hunting!

Trout Fishing

While the farm ponds and lakes are still relatively quiet for bass fishing, early Spring is a perfect time to try your luck in our WV streams and rivers for trout! We are fortunate to live in a state with nine fish hatcheries and an excellent stocking program. Stockings are posted by the end of each business day on the WV DNR website (<https://wvdnr.gov/fishing>) and on the hotline number at (304) 558-3399.

Spinner baits- such as Rooster Tails and Joe's Flies- and salmon eggs or Power Bait are some effective presentations for hooking a trout in our local waters. My personal favorite- the fly rod- is a meditative and therapeutic excuse to wade our beautiful WV streams. Stay tuned for some future fishing tips and tricks and good luck this April!

More information on the stocking program, as well as regulations and license information can be found on the WV DNR website.

Ramps

Mmmmm... Ramps.

If you are no stranger to the woods, you are certainly no stranger to our early spring ramps. Nothing screams "It's spring!" more than the sight of their yummy green sprouts and the ensuing smelly breath that ushers in the season.

If you are new to ramp digging, my best advice is to ask a friend or neighbor to guide you to a healthy patch and introduce you to the process of identifying and harvesting them. WV.gov recommends exercising sustainable harvesting practices such as only taking from patches with more than 100 plants, taking only one-fifth of the plants in a patch, and using a soil fork to dig a ramp bulb.

Ramps can be legally harvested on national forest land for personal use, with certain limits and regulations. Visit the State of West Virginia website for more information.

Morels

April is awesome, isn't it?! When you're not fishing or collecting ramps, why not stuff your pockets with morels?! Finding morels might not be quite as easy as catching that trout or digging those ramps, but boy are they good!

The first mushroom that typically starts of my season of fungi foraging, morels can be found throughout the month of April- if you know where to look. Once we have a few consecutive nights at 50 degrees or higher, strap on your boots and search those southern and western slopes under sycamore, oak, elm, ash, poplar, apple and

aspen trees. Morels can be maddeningly elusive, but once you find one- STOP! You're likely in the middle of several more.

Of course, make sure to positively identify any plant or mushroom before consuming. Morels are hard to confuse with any other fungi, but the false morel may be one to look up before heading out.

If you are new to morel hunting and if you have a good friend (okay... a VERY good friend), ask them to take you out and introduce you to a spot to get you started!

Turkey Hunting

Every April, as the weather warms and the flowers are blooming, my favorite day of the year arrives- the start of Spring gobbler season. This year will be extra special as it lands on my birthday- April 15th!

What better way to celebrate another trip around the sun than to get into the woods and try to call in a boss tom?

Every spring, the male turkeys are on the lookout for hens to breed. At first light, you can hear their gobbles off in the woods. With a little luck, skill and a whole lot of patience you just might be able to call one in.

TURKEY HUNTING TIPS

-Scout early! Finding out where the turkeys are moving and roosting is essential for a successful gobbler season.

-Practice your calls! There is no magic call when turkey hunting- only a matter of preference. Whether you prefer a diaphragm call, box call or slate call, make sure to have it ready to work! My advice for beginner turkey hunters in the box call.

-Set up a blind! This is an effective strategy for all skill levels. If you are not one to run-and-gun (stealthily walking through the woods trying to close the gap on a longbeard), brushing in a blind over some decoys is the way to go. Good spots for a blind are along field edges, in woody openings, or in oak flats. Scouting is key.

-Decoys! There are a lot of turkey decoy setups that might bring your gobbler into shotgun range. The simplest setup is a single lay-down or feeding hen. This can be coupled or replaced with a full-strut tom and/or a submissive jake. The internet can educate you on every possible setup under the sun.

-Less is more! Over-calling a tom is an incredibly easy mistake to make. Toms are used to hens coming to them to breed. If you are overcalling, the tom might feel comfortable staying put and waiting. You need to use his impatience against him!

More information on the Spring gobbler season can be found at the West Virginia DNR website- including regulations and hunting license information. Be safe and happy hunting.

Good luck out there! Act wild, feel wonderful and treat our woods with love!

Patrick is a local musician, educator, counselor and woods-wanderer in Greenbrier County. When he is not roaming the woods, he is teaching kids or playing keyboards for Lewisburg-based band Deep State.



Patrick Calvert with monster Greenbrier County Morels (Photo by Patrick Calvert)

FIRST FRIDAYS AFTER 5 RETURN TO LEWISBURG THE FIRST FRIDAY SPRING FLING IS APRIL 5!

Nathan Seldomridge will perform in the Greenspace from 5pm-8pm.

The Greenbrier Valley Visitors Center welcomes spring with an evening celebrating agritourism and sustainable fashion! Stop in to chat with local farmers and producers and learn more about agritourism and how Greenbrier Valley agriculture is at the forefront of the state and regionally in the United States.

April's Art in the Valley show is Enduring Fashion Choices, an exhibition of sustainable fashion themes and choices that will encourage all to embrace eco-friendly opportunities when putting together a wardrobe. Sustainable brands on display include Charlie Darwin Textiles from Philadelphia and Thomas Ruggiero of Lewisburg. The exhibit also showcases thrifted and upcycled looks that promote a long life for textiles. Enjoy an evening of eco-friendly resources in the Greenbrier Valley and beyond!

905 Washington Street W 304-645-1000 @GbrValleyWV

Edith's will sample its latest Olipop soda flavor, Banana Cream. It's a unique flavor that blends creamy vanilla and sweet banana, creating a taste that closely resembles a banana cream pie in a can. 1035 E Washington St, (304) 645-7998, @edithshealthstore.

Aggie's Vest will be open late and offering 20% off all tulip products. 979 Washington St W, 304-645-4063, @aggieslewisburg.

Little Black Box will be open late offering free bra fittings and a free gift with \$150 purchase. 818 Jefferson St S, 304-645-6646, @littleblackboxlingerie.

At Stardust Cafe we will be doing the return of our prime rib night on first Fridays. Featuring a locally sourced prime rib roast with local vegetables and demi glace. We will also have special cocktails and appetizers. 1023 Washington St E 304 647 3663, @stardustcafewv.

The Band "Untrained Professionals" performs at the Asylum starting at 8pm. 339 E Randolph 681-318-3515 @asylum.lewisburg.

The Briergarten is continuing our 3 Year Birthday Celebration! We will have our specially formulated Birthday Brew from Bad Shepherd Beer Company - "A Bit Louder Double IPA" on tap! 121 Stratton Alley, 304 520 4039, @briergarten.

New Chapter is hosting a book signing for author Joseph Cooper and his newest book, Splash Fields, from 6pm-8pm. The book is available to purchase in store now. 922 Washington St West 681-318-3501, @newchapterbookswv.

Patina will have Live Celtic music Patrick Oflaherty. Complimentary beverages and snacks including Girl Scout Cookies! 1046 Washington St, 304-520-4962, @patina.lewisburgwv.

Good Eats

The Dawg House

by Lisa Coburn

Brittany McCulley grew up in a family that loves cooking. Her family operated the Three Little Pigs stand at the West Virginia State Fair, which then grew into a catering business, and then a restaurant. When the family retired their business, Brittany continued to hone her cooking skills and creativity in the kitchen.

She and her boyfriend, Lee Carter, started their business, The Dawg House, with a hot dog cart, partially from a desire to help families have an affordable way to dine out without sacrificing quality. Their love for their dogs and family members' dogs provided some of the inspiration for their delicious hot dog creations.

In addition to traditional hot dogs, The Dawg House offers some tasty creations named after beloved family pets. Lee, a cancer survivor, had a black Labrador named Ebony who stayed by his side during treatments. In honor of Lee's faithful friend, Brittany created the Ebony: a hot dog topped with chili and beer cheese. Another hot dog is wrapped in bacon, smothered in baked beans and other toppings, in honor of Jojo, another Lab who may have had a bit of a struggle with her weight. The Harper, a Dawg House top seller, is named after Brittany's sister's Yorkie who, as he began to enter his golden years, was a sweet dog, but he developed a bit of a sassy attitude (same, dear Harper, same.) The Harper is topped with homemade coleslaw and honey siracha sauce.

Brittany touched upon some of her favorite memories over the past year since opening The Dawg House: from a windstorm and hail last April when they first opened their cart for business on the sidewalk in Ronceverte, to serving at T.O.O.T. But one memory has an extra special place in the couple's hearts.

"This past year, we had the honor of doing the catering for Healing Appalachia. When I reflect back on this year, that was the best part of any of it. Not just because we get to serve a lot of people at one time, and were able to connect with a lot of people at one time, but they were volunteers who had had their addiction issues," Brittany reminisced, while touching upon the loss of Lee's son, Jon, in late 2023. Jon was a special young man in recovery for a significant amount of months at the time of his passing. He had touched many lives through his struggles and his story. "That is why this will always hold a special and large part of my heart. Just to connect with those people, to hear their stories, it's like they're all the same, but they're all so different," she said.

Their ultimate goal is to have a restaurant with a bar and a stage. Lee and Brittany love live mu-



Brittany McCulley and Lee Carter

sic, especially the Blues. They frequently travel to see some of the best Blues artists in the land, and they hope to eventually bring that genre to this area. "Last year's Blues Artist of the Year is one of our best friends," Brittany said. "A lot of the artists are our friends. We talk to them frequently. They're just like family."

The couple seem to be moving ever closer to that goal. They have offered their hot dogs at Greenbrier Valley Brewing and for several months, they have been serving their delicious menu in The Sportsman Tavern in Ronceverte. Now, they are soon moving into the former location of Flavor Mutt on Edgar Avenue. They recently provided the mouthwatering menu for the Oscar Night in the Hollywood Hills event at The Sportsman Tavern to honor Doug Hylton and raise funds for Miniature Golf by Jardin. They're also serving at a permanent food concession stand every Sunday at the Pence Springs Flea Market, reopening soon for spring.

When asked the main thing she'd like readers to know about the Dawg House, Brittany said, "We're a family owned business. We started this wanting families to be able to come out and have some normality, and not break the bank to be able to eat out. When you see us at The Sportsman, they welcome everybody. You can bring your family, and we're still going to be doing our food cart. Anybody can come there too."

You can find The Dawg House on Facebook. To reach them for hours and locations, you can call (304) 661-1601, or email at: thedawghouse24901@gmail.com.



One of the many appetizing "dawgs" offered at The Dawg House, along with their signature wonton chips



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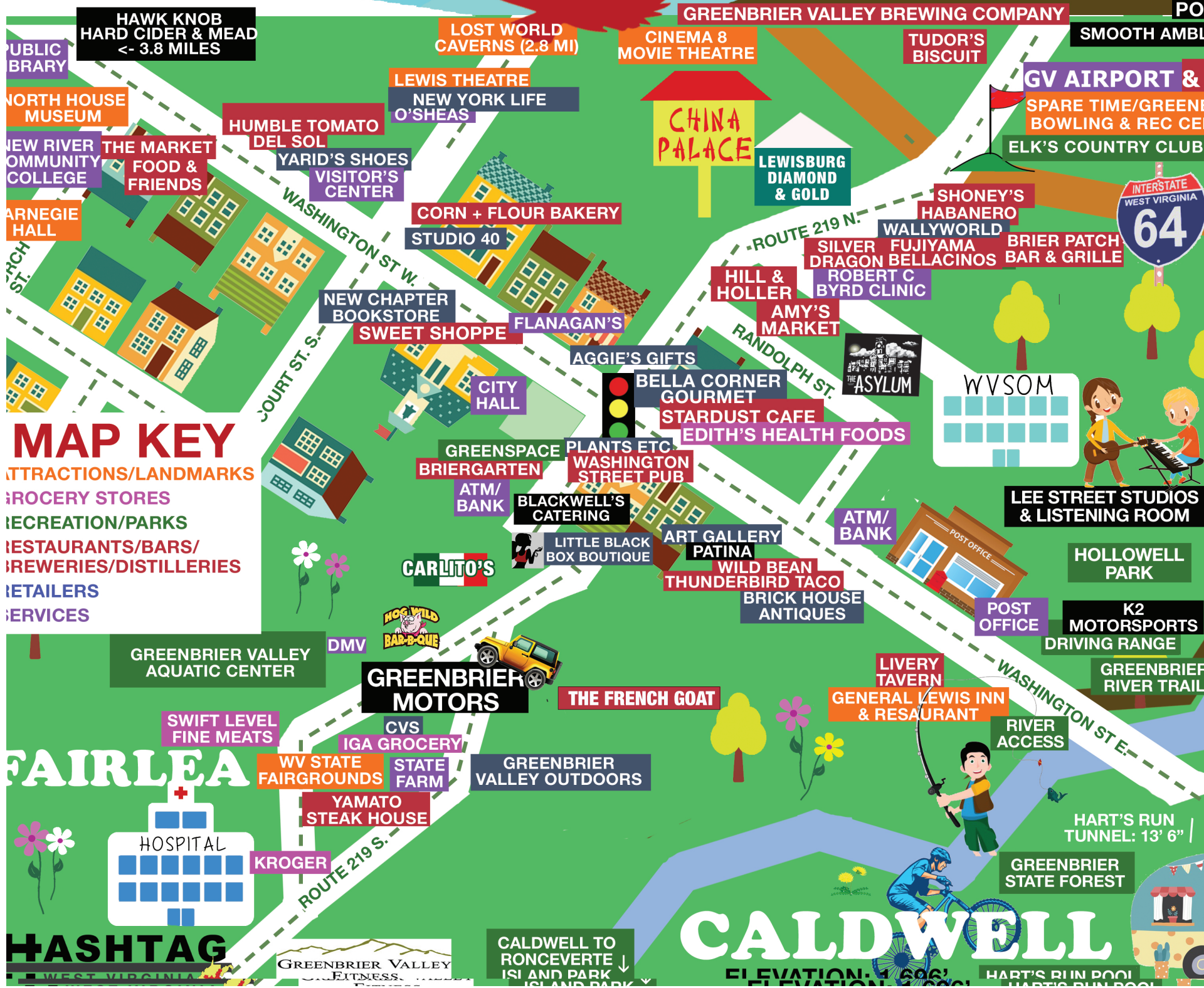
WEST VIRGINIA
SUNFLOWER
FESTIVAL
AUG 31



MONROE COUNTY
PEACH FESTIVAL
SEPT 7

LEWISBURG WEST VIRGINIA

EST 1782. ELEVATION 2,080'



MAP KEY

- ATTRactions/LANDMARKS
- GROCERY STORES
- RECREATION/PARKS
- RESTAURANTS/BARS/BREWERIES/DISTILLERIES
- RETAILERS
- SERVICES

FAIRLEA

HOSPITAL

HASHTAG

CALDWELL

ELEVATION: 1,606'

HART'S RUN TUNNEL: 13' 6"

HART'S RUN POOL

HAWK KNOB
HARD CIDER & MEAD
-< 3.8 MILES

LOST WORLD
CAVERNS (2.8 MI)

GREENBRIER VALLEY BREWING COMPANY
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BISCUIT

SMOOTH AMBL

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MUSEUM

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ELK'S COUNTRY CLUB

NEW RIVER
COMMUNITY
COLLEGE
THE MARKET
FOOD &
FRIENDS

HUMBLE TOMATO
DEL SOL
YARID'S SHOES
VISITOR'S
CENTER

LEWISBURG
DIAMOND
& GOLD

SHONEY'S
HABANERO
WALLYWORLD
SILVER FUJIYAMA
DRAGON BELLACINOS
ROBERT C
BYRD CLINIC



CARNEGIE
HALL

CORN + FLOUR BAKERY
STUDIO 40

BRIER PATCH
BAR & GRILLE

WASHINGTON ST W
COURT ST S

NEW CHAPTER
BOOKSTORE

FLANAGAN'S

HILL &
HOLLER
AMY'S
MARKET



MAP KEY
ATTRactions/LANDMARKS
GROCERY STORES
RECREATION/PARKS
RESTAURANTS/BARS/
BREWERIES/DISTILLERIES
RETAILERS
SERVICES

SWEET SHOPPE

AGGIE'S GIFTS

BELLA CORNER
GOURMET
STARDUST CAFE
EDITH'S HEALTH FOODS

GREENSPACE PLANTS ETC
BRIERGARTEN
WASHINGTON
STREET PUB

ATM/
BANK

BLACKWELL'S
CATERING

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HOLLOWELL
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K2
MOTORSPORTS
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GREENBRIER VALLEY
AQUATIC CENTER

DMV

GREENBRIER
MOTORS

THE FRENCH GOAT

LIVERY
TAVERN
GENERAL LEWIS INN
& RESTAURANT

POST
OFFICE

K2
MOTORSPORTS
DRIVING RANGE

FAIRLEA
HOSPITAL

SWIFT LEVEL
FINE MEATS

CVS
IGA GROCERY

WV STATE
FAIRGROUNDS

STATE
FARM

GREENBRIER
VALLEY OUTDOORS

YAMATO
STEAK HOUSE

KROGER

RIVER
ACCESS

HART'S RUN
TUNNEL: 13' 6"

GREENBRIER
STATE FOREST

HASHTAG

GREENBRIER VALLEY
FITNESS

CALDWELL TO
RONCEVERTE
ISI AND PARK
ISLAND PARK

CALDWELL

ELEVATION: 1,606'

HART'S RUN POOL

MOHAWK WERSPORTS
ER SPIRITS

MI TEQUILA

BRIER
ENTER



SNOWSHOE MOUNTAIN

LAKE SHERWOOD (25.9 MILES)

BLUEBEND (19 MILES)

THE BONEYARD (14 MILES)

VALLEY VIEW GOLF COURSE

OAKHURST LINKS (1884)

SALT CAVE & SPA (6.7 MILES)

BRAD PAISLEY PARK

MILL HILL DR.

FOODLION GROCERY

FISH HATCHERY

OLD MILL PARK

POST OFFICE

MAIN ST. W.

APRIL'S PIZZA

50 EAST

THIS & THAT COLLECTIBLES

MTN WATER ADVENTURES

STONE WALLS FARM YARNS

WALLS FINE ART GALLERY

TOOTSIE'S COFFEE & PASTRIES

ACE HARDWARE
SCHOOLHOUSE HOTEL

SOURCE OF FOODS AT GUM STORE STUDIOS

MOUNTAINEER GUNS

DRY CREEK ANTIQUES

CITY HALL

SWEET CEDAR

BARNWOOD

PUBLIC LIVING LIBRARY

ART COLONY SHOPS AT THE GREENBRIER

THE GREENBRIER HOTEL & RESORT
BUNKER

WSS TRAIN STATION
PERFORMANCE CENTER

DRY CREEK HEMP FARMS

LAKE TUCKAHOE

MONCOVE LAKE STATE PARK (12.5 MILES) ↓



77 MILES TO CASS →
GREENBRIER RIVER



WHITE SULPHUR SPRINGS

EST. 1909. ELEVATION: 1,857'

Map is not to scale



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**BAD BOY
TRACTORS**



LEWISBURG'S 16TH ANNUAL CHOCOLATE FESTIVAL: APRIL 6

Life in Lewisburg is about to get a little sweeter. The 16th Annual Lewisburg Chocolate Festival returns Saturday, April 6th from 11 a.m. - 3 p.m. in downtown Lewisburg, West Virginia. Plans are underway to make this year's festival better than ever; chocolate lovers everywhere should save the date!

A fun-filled day of events will include an exciting schedule of chocolate-themed activities including more than 40,000 tastings, a story walk, professional chef demonstrations, live music, children's activities, photo booths, face painting, and Mr. Willy Wonka will be out and about as well.

In past years, tasting tickets for Saturday's

all-day Tasting Extravaganza have sold out, so festival-goers are encouraged to be will call early to purchase tickets. Tasting tickets

will be available at will-call for \$5 per packet of five tickets. Online tickets are expected to sell out soon. Get your tickets early as there will be a limited number of tickets available at will-call.

Tickets that have been purchased online will be available the day of the festival at will-call inside City National Bank in downtown Lewisburg. As the event nears, more information about specific chocolate offerings will be available, but they are certain to exceed the expectations of the most discerning chocolate aficionado.

The 16th Annual Lewisburg Chocolate Festival proceeds benefit the United Way of Greenbrier Valley

For more information about the Lewisburg Chocolate Festival, visit www.unitedwaygreenbrier.org/LCF.

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Off to the Races: Love at the Finish Line

by Lisa Coburn

It's officially spring! For running enthusiasts, spring often means the start of competitive races. Speaking of races, the annual HospiceCare Chocolate Chase 5K and 10K is taking place in Lewisburg on April 6. If you go, you may see a couple of inspiring folks for whom racing is so much more than a simple hobby.

For many runners, 5Ks, 10Ks, half-marathons, and marathons are a fun way of staying fit while participating in good causes and being part of a supportive community. For Rainelle couple Randy and Crisandra Tephabock, the races brought something even more special: love. I recently interviewed them about how they met, and how racing remains an important part of their lives as a married couple.

Could you please tell us a little about yourselves, and how you met?

I (Randy) am originally from Baltimore, Maryland. I retired from the Baltimore County Fire Department as a career Paramedic, and decided to retire to WV (my father's home state), with my mother after my father passed away in 2005. We finally settled in Western Greenbrier County near Rainelle, WV.

Crisandra lived in Alderson since 1963, but she was born in San Diego. Her father was in the Navy. When he left the Navy, they settled in Alderson, as her father worked for the prison there. She is currently working at WVSOM in Lewisburg. She had taken up running and lifting to help with her fitness journey, and was successful. She even started winning races in her age group.

Wanting some peace and quiet from having lived in the big city, I joined the SWVRRRC (a running club based out of Princeton.) My mother passed away from Cancer in 2012. I wanted to get back to my running, which I had put on the side to care for her, with the help of Hospice of WV. It was at a Club race (The Pumpkin Run), at Pipestem State Park that I first spotted my wife-to-be, Crisandra.

I had actually injured myself training for the race, and was there to help with timing and handing out food and drink, after the race. That is when I spotted her...She was dazzlingly beautiful in her Harem Girl Costume (as the race encouraged people

to dress up for Halloween. Prizes were given for the best ones). She came up to the food table afterwards, and flirted a bit with me....You see...no one knew who the judges were...and well I guess she thought I might be one. Sorry to say I wasn't, but if I would have been...well, she would have gotten First Place. Alas, she placed second.

Anyway...from then on, we ran into one another at races. At one race, I had to leave early before the prizes were given out. We had talked some at the race, and she even reached up, and fixed my collar that apparently was askew. Gazing up at me with those flirting eyes again. At that point, I thought...hmmm...she must be interested in me. And ditto for me! So I left, and a couple hours later, I got a call from her. How she got my name...I must have slipped it in conversation. And being the detective she was, she looked it up in the phone book. She thought I had left before I had gotten my award... and I had. Anyway, we talked a bit, and I said, I guess I'll see you at the next race.

She called me later, and invited me to another costume-themed race called the CASA Superhero 5K for Children, in White Sulphur Springs. We went as Superman and Supergirl, and we won the costume contest. I then invited her to the Dandelion Festival in White Sulphur Springs, as our official first date.

Eventually, I proposed to her after a year of dating, back at Pipestem State Park, where we first met. We got married in December 2014, in Delaware, where my brother, a pastor, and most of his family lived nearby. And the rest is history. We still run to this day. We love to make our races fun, as "race-cations," seeing the sights at the places we go.

How long have you both been running?

I have been running since Cross Country in 7th Grade (11 yrs old). I am 68 yrs old now. I ran track in high school, and triathalons, and played Rugby in college. I have been running ever since.

My wife has been running since 2010, and racing since 2012. She was 57 when she started, but age doesn't have to be a factor. She has improved dramatically since she started. She is also 68.

Where do you run? What races do you



Randy and Crisandra Tephabock at the CASA Superhero 5K for Children, White Sulphur Springs

do?

We train locally mostly on roads near us, and supplement it with weight training, elliptical, treadmill, and swimming at the GVAC (Greenbrier Valley Aquatic Center) in Lewisburg, at the State Fairgrounds. We have raced in 10 different states so far: WV, MD, VA, DE, NC, DC, TN, SC, OH, and our favorite state, KY.

We race all different distances from 1-mile, 5K, 4-mile, 8K, 5-mile, 10K, 7-miler, 10-milers, half-marathon, and full marathons. I even participated in the first Half Iron Man Competition in Roanoke, VA a few years back. I was on a relay Team called "Super 60's" (as we were all old guys.) I ran the Anchor Leg. We successfully finished.

What's your favorite race to compete in?

Hard to say, since they all have their own special qualities. Some that stand out are the Cherry Blossoms in D.C., (Cherry Blossom 10-miler), the Rim2Rim 10K, (running down the New River Gorge, under the bridge, and back up the other side), the Kentucky Derby Half Marathon, that runs through Louisville, and the infield of the Churchill Downs. You also can't beat the thrill of finishing your first marathon.

But, if we have to choose, we'll pick "Run the Bluegrass" Half Marathon in Lexington, KY. It runs through beautiful Thoroughbred Horse Country, past the farms.



The happy couple on their wedding day



Racing among the cherry blossoms in D.C.

It's so nice seeing the horses and their foals in the spring of the year. And it has the best finisher's medal.

What's your favorite thing about running?

Seeing the beautiful scenery where we run, and of course "The Bling" (shirts and medals you receive for your victories.)

Is there anything else you'd like the readers to know?

Running is a great way to exercise and keep yourself in shape, see great sights, make friends, and maybe even meet your future husband or wife!!!

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PRESENTATION

Saturday, April 13th, 2024

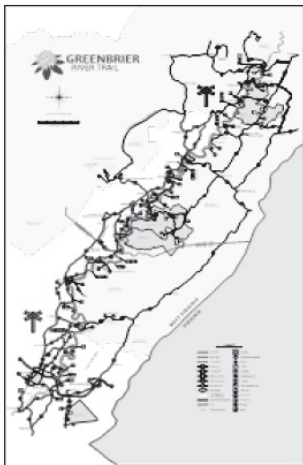
Greenbrier County Visitors Bureau

1:00 – 2:00 pm

Curious about the flowers, shrubs, grasses, trees and other plants that grow along the Greenbrier River Trail? Wished you could identify some of your favorites? If the answer is yes, join Mel Waggy, retired botanist, for a presentation that includes a slideshow of some of the most interesting and eye-catching plants along the trail. Additionally, she will be handing out her recently compiled "Greenbrier River Trail Flora Checklist" *; an inventory of over 330 species she has observed in the last 10 years. Come join us for a celebration of Native Plant Month here in West Virginia.

**Completed with support from the
Greenbrier River Trail Association*

Greenbrier County Convention and Visitors Bureau
905 Washington St. W, Lewisburg, WV



CARNEGIE HALL'S MAINSTAGE SERIES CONTINUES WITH TAKE3 SATURDAY, APRIL 13

Carnegie Hall presents musical trio Take3 on Saturday, April 13, at 7 p.m. Guests are invited to come early to Club Carnegie from 6 – 6:45 p.m. in the Board Room located adjacent to the Hamilton Auditorium. A cash bar and snacks will be available.

With a flair for the wild and unexpected, the genre-defying trio, TAKE3, brings the refinement of a rigorous classical music background and infuses it with rock-star charisma. Trained at the world's top conservatories, TAKE3 has expanded their repertoire from Bach and Beethoven to Bieber

and The Beach Boys. The Nevada Sagebrush says of TAKE3 "... this group gave us a tremendous night of undisputed talent from some of the most passionate musicians around."

Known for their infectious and down to earth onstage personalities, this threesome leaves their indelible mark on captivated crowds around the country performing their arrangements of top pop hits, Americana, and their signature classical mashups. Highlights from recent performances include appearances with the North Charleston POPs, Cape Symphony, Boulder Chamber Orchestra, and the Symphonies of Victoria, Midland and Springfield as well as at Music in the Mountains, Redlands Bowl, OK Mozart Festival, Festival Mozaic, Herb Alpert's Vibrato Grill, and Bear Valley Music Festival. Upcoming performances include notable debuts in NY including 54 Below, Sheen Center, Rockwood Music Hall, and around the country at Bradford Creative, Cappella Performing Arts Center, Frostburg University, Truman University among many others. The trio keeps a busy tour schedule, performing over 60 performances around the globe each season.

TAKE3's interactive lighting shows, comedic stories of their journey from scales in conservatory practice rooms to pop music in packed stadiums, come together in unforgettable experiences that have fired up concert goers all over the nation.

TAKE3 offers shows with dancers, a full orchestra, a small backup band, as well as trio only. In addition to extensive touring, the group has earned accolades for its outreach programs for children of all ages, delivering a message of hope, inspiration, and the importance of following dreams with vigorous tenacity.

TAKE3 was created by violinist/vocalist, Lindsay Deutsch, Yanni's featured violin soloist, with whom she has toured throughout most of the 7 continents. Ms. Deutsch began her career as a classical soloist, performing concerti with symphony orchestras around the country. Her performance of Astor Piazzolla's "Four Seasons of Buenos Aires"

with the Los Angeles Chamber Orchestra conducted by Jeffrey Kahane, was selected for NPR's Symphony Cast Program. Ms. Deutsch has become an ambassador for the Violins of Hope project, performing on



Take3

violins saved in the Holocaust in venues around the country, including the Soraya center in Los Angeles and with the Livermore Symphony in San Francisco. Ms. Deutsch can be heard through-out Netflix's popular show, The Witcher and the Hulu series All About Pam. Her performances on these Sony soundtracks reached No. 1 on the Billboard charts and received millions of streams worldwide.

Tickets are \$32/adults and \$10/students. Discounts are available for Carnegie Hall members, senior citizens, and military. To purchase tickets, call Carnegie Hall Box Office at 304.645.7917, visit www.carnegiehallwv.org, or stop by at 611 Church Street, Lewisburg, West Virginia. Carnegie Hall Box Office is open Monday through Friday, 10 a.m. until 4 p.m.

Carnegie Hall WV is a member-driven non-profit organization supported by individual contributions, grants, and fundraising efforts such as TOOT and The Carnegie Hall Gala. The Hall is located at 611 Church Street, Lewisburg, WV. For more information, please call 304.645.7917 or visit www.carnegiehallwv.org.

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ASTROLOGY

Your Horoscope According to AI Let our robot overlords predict your SPRING HOROSCOPE for April!



Aries (March 21 - April 19):

Aries individuals might feel a burst of energy and motivation in the spring. It's a good time for new beginnings and taking the lead in various aspects of life.



Taurus (April 20 - May 20):

Taurus may find stability and comfort during spring. Focus on nurturing relationships and enjoying the beauty of nature.



Gemini (May 21 - June 20):

Spring could bring increased social activities for Gemini. Communication skills may be highlighted, and networking opportunities could arise.



Cancer (June 21 - July 22):

Cancer individuals may experience a mix of emotions during spring. Focus on self-care and finding balance in personal and professional life.



Leo (July 23 - August 22):

Leos might feel a boost in creativity and self-expression. Spring could be a time for showcasing talents and pursuing creative endeavors.



Virgo (August 23 - September 22):

Virgos may find inspiration for personal growth and self-improvement during spring. It's a good time for setting goals and working towards them.



Libra (September 23 - October 22):

Libras could experience harmony in relationships during spring. Focus on finding balance and enjoying social connections.



Scorpio (October 23 - November 21):

Scorpios might undergo transformative experiences in the spring. Embrace change and focus on personal renewal.



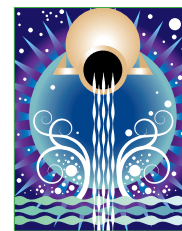
Sagittarius (November 22 - December 21):

Sagittarians may feel adventurous and curious during spring. It's a good time for travel, learning, and expanding horizons.



Capricorn (December 22 - January 19):

Capricorns may focus on career goals and achievements during spring. Strive for success and recognition in your professional life.



Aquarius (January 20 - February 18):

Aquarians might feel a sense of community and social engagement in the spring. Collaborative efforts and group activities could be highlighted.



Pisces (February 19 - March 20):

Pisceans may find inspiration in their inner world during spring. It's a good time for introspection, spiritual growth, and connecting with inner emotions.

HASHTAG

WEST VIRGINIA

the agenda

LISTINGS, HASHTAGWV.COM AGENDA | March 30 - April 30, 2024

3/30

SATURDAY

Event:

- » **Epic Easter Party**, Alderson Public Library, 2 p.m., Alderson
- » **Free Community Soup**, The RNCVRT, 10 a.m. - 4 p.m. (or until soup is gone), Ronceverte
- » **Tree Grafting Workshop**, Yew Mountain Center, 3 p.m. - 5 p.m., Hillsboro
- » **Easter Celebration at the Schoolhouse Hotel**, Schoolhouse Hotel, 9 a.m., WSS

Music:

- » **4Ever Classic**, Hill and Holler, 8 p.m. - 10 p.m., Lewisburg
- » **Patrick O'Flaherty, Traditional Celtic Music**, Hillsboro Public House, 4 p.m. - 8 p.m., Hillsboro

3/31

SUNDAY

Event:

- » **Pence Springs Flea Market Opening Day**, 8 a.m. -?, Pence Springs
- » **Easter Brunch Creole Style**, Hawk Knob, 10 a.m. - 2 p.m., Lewisburg
- » **Free Community Soup**, The RNCVRT, 12 p.m. - 4 p.m. (or until soup is gone), Ronceverte

Music:

- » **Patrick O'Flaherty**, Traditional Celtic Music, Hawk Knob, 12 p.m. - 3 p.m., Lewisburg

4/1

MONDAY

Event:

- » **Karen Cohen Presents Nature Inspired Photographs**, The General Lewis Inn, Exhibit runs through end of April, Lewisburg
- » **Art Exhibit: Scenes from Home** by Debbie Kalt Sisson & Stephen Sisson, The General Lewis Inn, Exhibit runs through end of April, Lewisburg
- » **Walk With a Doc**, Hollowell Park Track on

GMS Drive, 4:30 p.m., Lewisburg (All abilities and individuals with assistive devices welcome.)

- » **"Spirits" by Richard Shrewsbury**, Museum Gallery, Carnegie Hall, Exhibit runs through end of April, Lewisburg
- » **"Dream Art" by Michelle Kelly**, Lobby Gallery, Carnegie Hall, Exhibit runs through end of April, Lewisburg
- » **"40 Years of Carnegie Hall Exhibit,"** Boardroom Gallery, Carnegie Hall, Lewisburg
- » **Coffee With the Candidates**, a chance to meet candidates running for public office and chat with them over free coffee, will be held at different dates and times throughout the month of April at the RNCVRT. Please visit the RNCVRT Facebook page for details, Ronceverte

4/2

TUESDAY

Event:

- » **Pilates**, Greenbrier Community School, (cgstanley@gmail.com), 5 p.m., Lewisburg

Music:

- » **Blue Twisted Steel**, Mountain Table, 6 p.m. - 8 p.m., Renick

4/3

WEDNESDAY

Event:

- » **Free Beginning Line Dance**, ActiveWV, Old Stone Presbyterian Church Fellowship Hall, 6 p.m. - 7:30 p.m., Lewisburg

4/4

THURSDAY

Music:

- » **Open Mic Night @ GVBC**, Greenbrier Valley Brewing Company, 5 p.m., Maxwelton

4/5

FRIDAY

Event:

- » **First Fridays** After 5 Spring Fling, 5 p.m., Lewisburg
- » **Burger Night Kick-Off**, Hawk Knob, 3 p.m. - 9 p.m., Lewisburg
- » **ActiveSWV Loopemount Waterfall Hike**, Meet at the Hub in Lewisburg to carpool, 10 a.m., Lewisburg (activeswv.org)
- » **Enduring Fashion Choices Reception**, Greenbrier Valley Visitors Center, 5 p.m. - 7 p.m., Lewisburg

Music:

- » **Nathan Seldomridge**, The Greenspace, 5 p.m. - 8 p.m., Lewisburg
- » **Patrick O'Flaherty**, Live Celtic Music, Patina, 4 p.m. - 8 p.m., Lewisburg
- » **Grant Bennett**, Hillsboro Public House, 6 p.m. - 8 p.m., Lewisburg
- » **The Untrained Professionals**, Hawk Knob Appalachian Hard Cider, 4 p.m. - 6 p.m., Lewisburg
- » **Zach Elmore live @ GVBC**, Greenbrier Valley Brewing Company, 5 p.m., Maxwelton

4/6

SATURDAY

Event:

- » **Lewisburg Chocolate Festival**, 11 a.m. - 3 p.m., Lewisburg
- » **Junk in the Trunk Community Yard Sale/ Flea Market**, Edgewood Presbyterian Church, 8 a.m. - 2 p.m., 162 Harper Road, Lewisburg
- » **Hospice Care Chocolate Chase 5K and 10K**, Greenbrier County Courthouse, 9 a.m., Lewisburg
- » **Ramp Up at High Rocks - Learn about Ramps and make a dish using Ramps**, High Rocks, 9 a.m. - 11 a.m., Hillsboro
- » **Free Community Soup**, The RNCVRT, 10 a.m. - 4 p.m. (or until soup is gone), Ronceverte

Music:

- » **Patrick O'Flaherty**, Traditional Celtic Music, The Sportsman Tavern, 7 p.m. - 11 p.m., Ronceverte
- » **Untrained Professionals Live @ GVBC**, Greenbrier Valley Brewing Company, 6 p.m., Maxwelton

4/7

SUNDAY

Event:

- » **Pence Springs Flea Market**, 8 a.m. -?, Pence Springs

- » **Free Community Soup**, The RNCVRT, 12 p.m. - 4 p.m. (or until soup is gone), Ronceverte

4/8

MONDAY

Event:

- » **Walk With a Doc**, Hollowell Park Track on GMS Drive, 4:30 p.m., Lewisburg (All abilities and individuals with assistive devices welcome.)

4/9

TUESDAY

Event:

- » **Trivia by KC and Top Cat**, Mountain Table, 6 p.m., Renick
- » **Pilates**, Greenbrier Community School, (cgstanley@gmail.com), 5 p.m., Lewisburg

4/11

THURSDAY

Event:

- » **Appalachian Apple Baking - 2024 Folk Arts and Culture Workshop Series**, Event by High Rocks Educational Corporation and High Rocks Grow Appalachia, The Hub, 5 p.m. - 7 p.m., Lewisburg

4/12

FRIDAY

Event:

- » **Burger Night**, Hawk Knob, 3 p.m. - 9 p.m., Lewisburg
- » **Cody Wickline**, Hillsboro Public House, 6 p.m. - 8 p.m., Hillsboro

Music:

- » **Cody Wickline**, Hillsboro Public House, 6 p.m. - 8 p.m., Hillsboro

4/13

SATURDAY

Event:

- » **Shitake on Logs - Learn How to Grow Shitake Mushrooms**, High Rocks, 9 a.m. - 11 a.m., Hillsboro
- » **Free Community Soup**, The RNCVRT, 10 a.m. - 4 p.m. (or until soup is gone), Ronceverte

Music:

- » **Take3, Mainstage Performance Series**, Carnegie Hall, 7 p.m., Lewisburg
- » **Verge of Madness**, Hillsboro Public House, 5

p.m. - 7 p.m., Hillsboro

4/14 **Sunday**

Music:

- » Pence Springs Flea Market, 8 a.m. -?, Pence Springs
- » Free Community Soup, The RNCVRT, 12 p.m. - 4 p.m. (or until soup is gone), Ronceverte

4/15 **Monday**

Event:

- » Walk With a Doc, Hollowell Park Track on GMS Drive, 4:30 p.m., Lewisburg (All abilities and individuals with assistive devices welcome.)

4/16 **Tuesday**

Event:

- » Pilates, Greenbrier Community School, (cgstanley@gmail.com), 5 p.m., Lewisburg

Music:

- » Ukulele Optimistics, Mountain Table, 4 p.m. - 6 p.m., Renick

4/17 **Wednesday**

Event:

- » Beginning Line Dance, FREE, ActiveSWV, Old Stone Presbyterian Church, 6 p.m. - 7:30 p.m., Lewisburg
- » Paint & Sip at Lewisburg Elks Country Club, Lewisburg Elks Country Club, 6 p.m. - 8 p.m., Lewisburg

Music:

- » WVU Symphony, Special Performance, Carnegie Hall, 7 p.m., Lewisburg

4/18 **THURSDAY**

Event:

- » Pepperoni Rolls: A West Virginia Tradition, The Hub, 7 p.m. - 9 p.m., Lewisburg

4/19 **FRIDAY**

Event:

- » Burger Night, Hawk Knob, 3 p.m. - 9 p.m., Lewisburg

Music:

- » Phil Rolleston & Erica Marks, Hillsboro Public House, 6 p.m. - 8 p.m., Hillsboro

4/20 **Saturday**

Event:

- » Earth Day Fashion Forward, Lewis Theatre, 3 p.m., Lewisburg
- » Courthouse Farmers Market, Robert C. Byrd Clinic parking lot, 8 a.m. - 12 p.m., Lewisburg
- » Free Community Soup, The RNCVRT, 10 a.m. - 4 p.m. (or until soup is gone), Ronceverte
- » ActiveSWV Falls of Hills Creek & Cranberry Glades Boardwalk, Meet at the Hub in Lewisburg to carpool, 10 a.m., Lewisburg, (activeswv.org)

Music:

- » WVSO State Tour: A Melding of Cultures, Carnegie Hall, 7 p.m., Lewisburg
- » Old Time Music Jam, Hillsboro Public House, 1 p.m. - 4 p.m., Hillsboro
- » Viney Mountain Bluegrass, Hillsboro Public House, 6 p.m. - 8 p.m., Hillsboro

4/21 **Sunday**

Event:

- » Pence Springs Flea Market, 8 a.m. -?, Pence Springs
- » Free Community Soup, The RNCVRT, 12 p.m. - 4 p.m. (or until soup is gone), Ronceverte

4/22 **Saturday**

Event:

- » Walk With a Doc, Hollowell Park Track on GMS Drive, 4:30 p.m., Lewisburg (All abilities and individuals with assistive devices welcome.)

4/23 **Sunday**

Event:

- » Grilled Chicken, Shrimp, and Kofta Kabobs, Mountain Table, 3 p.m. - 8 p.m., Renick
- » Pilates, Greenbrier Community School, (cgstanley@gmail.com), 5 p.m., Lewisburg
- » Paint & Sip at the Schoolhouse Hotel, Schoolhouse Hotel, 6 p.m., WSS

4/24 **Wednesday**

Event:

- » Beginning Line Dance, FREE, ActiveSWV, Old Stone Presbyterian Church, 6 p.m. - 7:30 p.m., Lewisburg

4/25 **THURSDAY**

Event:

- » Meet the Candidates, Old World Libations, 6 p.m., 3493 Greenville Rd, Union

4/26 **FRIDAY**

Event:

- » Burger Night, Hawk Knob, 3 p.m. - 9 p.m., Lewisburg

4/27 **Saturday**

Event:

- » Courthouse Farmers Market, Robert C. Byrd Clinic parking lot, 8 a.m. - 12 p.m., Lewisburg
- » Free Community Soup, The RNCVRT, 10 a.m. - 4 p.m. (or until soup is gone), Ronceverte
- » Ramp Fest With A.T.E., Mountain Table, 1 p.m. - 7 p.m., RSVP, Renick

Music:

- » Caden Glover, Hawk Knob Appalachian Hard Cider, 5 p.m., Lewisburg
- » Patrick O'Flaherty, Traditional Celtic Music, Hillsboro Public House, 4 p.m. - 8 p.m., Hillsboro
- » Zuzu's Hot 5, Pocahontas County Opera House, 7:30 p.m., Marlinton
- » Floyd Murray, Mountain Table, 3 p.m. - 6 p.m., Renick

4/28 **Sunday**

Event:

- » Second Annual Greenbrier County Community Seed & Plant Exchange, General Lewis Inn, 11 a.m. - 1 p.m., Lewisburg
- » Pence Springs Flea Market, 8 a.m. -?, Pence Springs
- » Free Community Soup, The RNCVRT, 12 p.m. - 4 p.m. (or until soup is gone), Ronceverte

Music:

- » Greenbrier Valley Chorale Spring Concert, Carnegie Hall, 3 p.m., Lewisburg

4/29 **Monday**

Event:

- » Walk With a Doc, Hollowell Park Track on GMS Drive, 4:30 p.m., Lewisburg (All abilities and individuals with assistive devices welcome.)

4/30 **Tuesday**

Event:

- » Pilates, Greenbrier Community School, (cgstanley@gmail.com), 5 p.m., Lewisburg
- » Paint & Sip at the Sportsman Tavern, Sportsman Tavern, 6 p.m. - 8 p.m., Ronceverte

Music:

- » Patrick O'Flaherty Traditional Celtic Music, Mountain Table, 5 p.m. - 8 p.m., Renick

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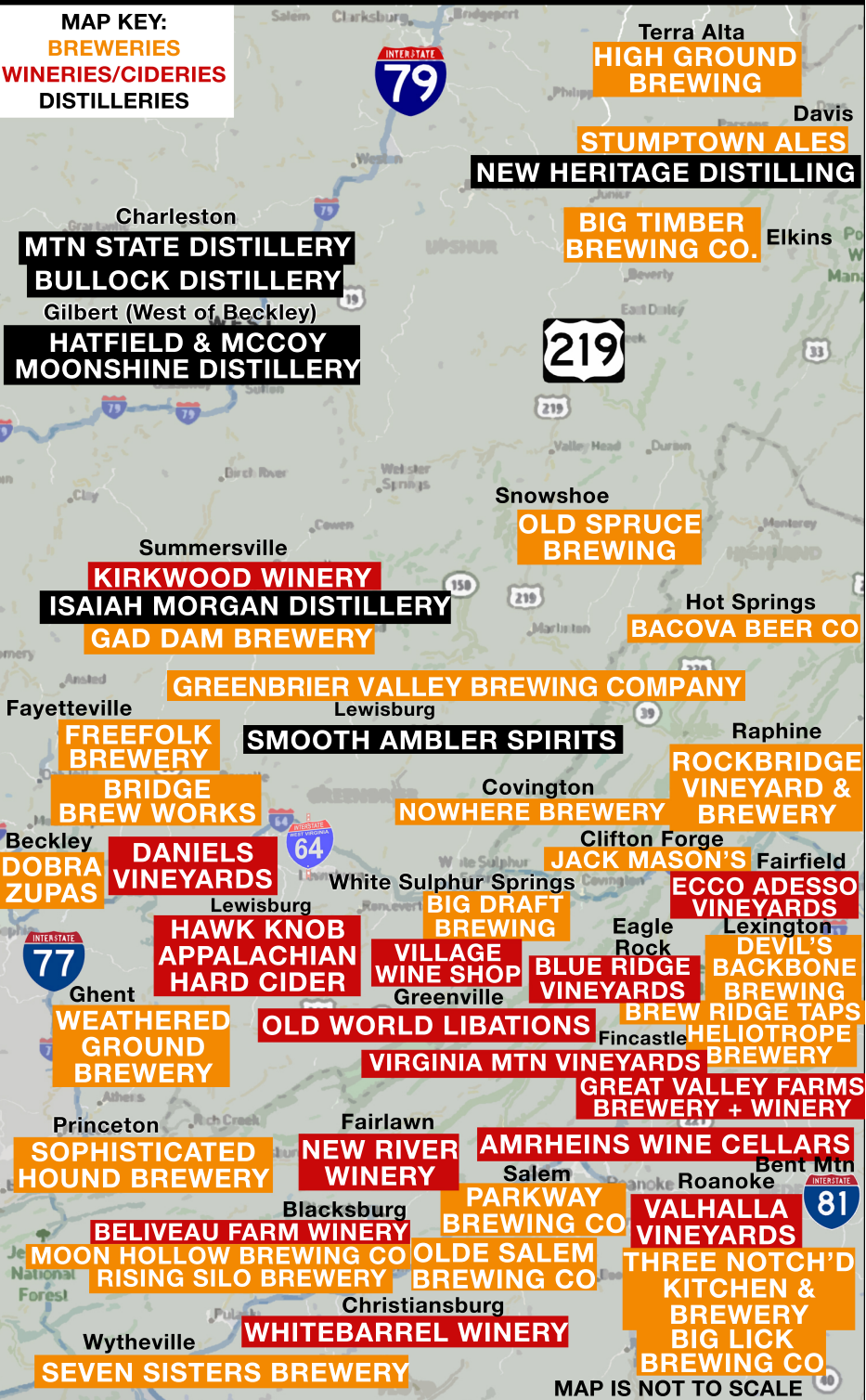


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RAMPUP

SATURDAY, APRIL 6

9 A.M. - 11 A.M. @ HIGH ROCKS, HILLSBORO

APPALACHIAN APPLE BAKING

THURSDAY, APRIL 11

5 P.M. - 7 P.M. @ THE HUB, LEWISBURG

SHIITAKE ON LOGS

SATURDAY, APRIL 13

9 A.M. - 11 A.M. @ HIGH ROCKS, HILLSBORO

PEPPERONI ROLLS:

A WEST VIRGINIA TRADITION

THURSDAY, APRIL 18

5 P.M. - 7 P.M. @ THE HUB, LEWISBURG

BISCUITS AND GRAVY

SATURDAY, MAY 11

9 A.M. - 11 A.M. @ HIGH ROCKS, HILLSBORO

CAMPFIRE COOKING

SATURDAY, MAY 18

11 A.M. - 1 P.M. @ RUBY GROW, HILLSBORO

FOREST FORAGING

SATURDAY, MAY 25

9 A.M. - 11 A.M. @ HIGH ROCKS, HILLSBORO

FOR MORE INFORMATION, PLEASE CONTACT:

HIGH ROCKS -|- 195 THOMPSON RD, HILLSBORO, WV -|- (304) 653-4891
THE HUB -|- 232 N LEE ST BLDG C, LEWISBURG, WV -|- (304) 647-4994



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Greenbrier Valley Chorale

Spring Concert

Sunday April 28 3pm
2024

Carnegie Hall, Lewisburg, WV

Tickets - greenbriervalleychorale.org